

**Gestational Diabetes Patient Questionnaire**

Date \_\_\_\_\_ Patient Name \_\_\_\_\_

Estimated Delivery Date \_\_\_\_\_

Have you ever had high blood sugars in the past? \_\_\_\_\_

If so, have you ever had diabetes education: \_\_\_\_\_

How many times per day do you check your sugar levels? \_\_\_\_\_

What was your pre-pregnancy weight? \_\_\_\_\_

Do you have a family history of diabetes? \_\_\_\_\_

Number of previous pregnancies: \_\_\_\_\_

Number of live births: \_\_\_\_\_

What was the birth weight of each baby? \_\_\_\_\_

Any complications with previous pregnancies? \_\_\_\_\_

Do you have someone in your home that can help you in case you have a low blood sugar? \_\_\_\_\_

Current medications including doses:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Gynecologist: \_\_\_\_\_ Last Appointment: \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_ Last Appointment: \_\_\_\_\_

**Past Medical History**

Date \_\_\_\_\_ Patient Name \_\_\_\_\_

	YES	NO	
High blood pressure	_____	_____	Other medical conditions not listed: _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____
Diabetes	_____	_____	
High cholesterol	_____	_____	
Heart attack or stroke	_____	_____	
Congestive heart failure	_____	_____	
Sleep apnea	_____	_____	
Heart disease	_____	_____	
Seizures	_____	_____	
Kidney disease	_____	_____	
Gall stones	_____	_____	
Kidney stones	_____	_____	
Pancreatitis	_____	_____	
Peptic ulcer disease	_____	_____	
Thyroid disease	_____	_____	
Thyroid cancer	_____	_____	
Prostate cancer	_____	_____	
Other cancers	_____	_____	
Low testosterone	_____	_____	
Chronic steroid use	_____	_____	
COPD/asthma	_____	_____	
Anemia	_____	_____	
Menopause	_____	_____	
Psychiatric illness	_____	_____	
Joint replacements	_____	_____	
Osteoporosis	_____	_____	
Bone fractures	_____	_____	
Rheumatologic disease	_____	_____	

**Medications**

Do you have any drug allergies? Yes / No

If so, please list them \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Past Medical History**

Date \_\_\_\_\_ Patient Name \_\_\_\_\_

	YES	NO	If yes, how much?
Do you smoke?	_____	_____	_____
Do you drink?	_____	_____	_____
Do you use recreational drugs?	_____	_____	_____

What is your occupation? \_\_\_\_\_

Married / Widow (er) / single / divorced

**Family History**

Has anyone in your immediate family (only parents, siblings, children) had:

	YES	NO	Other medical conditions not listed:
High blood pressure	_____	_____	_____
Diabetes	_____	_____	_____
High cholesterol	_____	_____	_____
Heart attack or stroke	_____	_____	_____
Heart failure	_____	_____	_____
Prostate cancer	_____	_____	_____
Calcium disorders	_____	_____	_____
Psychiatric illness	_____	_____	_____
Thyroid cancer	_____	_____	_____
Other thyroid disease	_____	_____	_____
Pituitary problems	_____	_____	_____
Kidney disease	_____	_____	_____

Date \_\_\_\_\_ Patient Name \_\_\_\_\_

**Review of Systems**

Circle any symptoms you have:

**General**

- Fever / chills
- Weight loss
- Weight gain
- Night sweats
- Weakness / fatigue

**Endocrine**

- Cold intolerance
- Heat intolerance
- Excessive thirst
- Excessive urination
- Excessive sweating
- Flushing
- Tremulousness
- Changes in body hair

**Skin**

- Rash/purple or red spots/pigment
- Fingers/toes turn colors in the cold
- Nail problems
- Dry skin
- Skin ulcers

**Neurologic**

- Migraines
- Headaches
- Numbness/tingling
- Muscle Weakness
- Seizures
- Muscle Cramps
- Difficulty thinking or remembering

**Scalp/Head**

- Hair loss
- Scalp tenderness
- Headache

**Eyes**

- Blurry vision
- Double vision
- Decreased peripheral vision
- Eye pain
- Dry eyes

**Ears/Nose/Throat**

- Noticeable swelling in neck
- Hearing loss
- Ear pain
- Ringing in ears
- Vertigo
- Nasal congestion
- Loss of sense of smell
- Hoarse voice

**Musculoskeletal**

- Painful joints
- Muscle pain
- Back pain

**Mouth**

- Sores in mouth
- Dry mouth
- Dental problems
- Loss of taste
- Difficulty swallowing

**Allergy**

- Frequent sneezing
- Seasonal allergies

**Respiratory**

- Shortness of breath
- Cough
- Wheezing
- Chest pain with breathing

**Blood/Lymph**

- Easy bruising
- Enlarged lymph nodes

**Gastrointestinal**

- Nausea/vomiting
- Constipation/diarrhea
- Hemorrhoids
- Change in appetite

**Genitourinary**

- Irregular menses
- Hot flashes
- Blood in urine
- Decreased urine stream
- Prostrate problems
- Frequent urinary tract infections
- Decreased sexual desire

**Heart**

- Chest pain
- Stabbing chest pain/pericarditis
- Irregular or rapid heart rate
- Lightheadedness/Passing out
- Sleep on more than 2 pillows due to shortness of breath
- Leg swelling

**Psychological**

- Anxiety
- Depression
- Difficulty sleeping
- High stress

**Breasts**

- Lumps
- Pain
- Discharge

**Signature**

*I certify that my answers are true and complete to the best of my knowledge.*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_