LAUREL ENDOCRINE & THYROID SPECIALISTS, P.A. PATIENT QUESTIONNAIRE

| Instructions: Please answer all questions | DATE: | |
|--|----------|--|
| to the best of your ability. Check all questions | NAME: | |
| asking yes or no answers appropriately, but | ADDRESS: | |
| leave blank if you are not sure. Leave comments | | |
| blank as these will be filled in by the | | |
| providers. | | |

A. GENERAL HEALTH (circle) Excellent Good Fair Poor B. PAST MEDICAL HISTORY:

| | Yes | No | Year | Complications | Comments |
|----------------------|-----|----|------|---------------|----------|
| Cancer | | | | | |
| Diabetes | | | | | |
| Blood Disorders | | | | | |
| Heart Disease | | | | | |
| Kidney Disease | | | | | |
| High Blood Pressure | | | | | |
| Liver Disease | | | | | |
| Glandular Disorders | | | | | |
| Skin Disease | | | | | |
| Neurologic Disorders | | | | | |

OTHER ILLNESSES AND/OR SURGERY: (Please list illness or surgery, year, and complications)

| Illness or Surgery | Year | Complications | Comments |
|--------------------|------|---------------|----------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

ALLERGIES: (List all drugs or substances to which you are allergic and specify type of reaction (i.e. itching, rash,

hives, wheezing, swelling, etc.)

| Allergy | Reaction |
|---------|----------|
| | |
| | |
| | |
| | |

HABITS:

| | Yes | No | How much (per day/per week) |
|------------------------|-----|----|-----------------------------|
| Cigarettes/Cigars/Pipe | | | |
| Alcohol | | | |
| Drugs (Specify) | | | |

CURRENT MEDICATIONS: (List all medications and supplements which you take regularly)

| Medication | Amount per day |
|------------|----------------|
| | |
| | |
| | |
| | |
| | |

PAST MEDICATIONS: (List all medication and supplements you have taken in the last 6 months.)

| Medication | Amount per day |
|------------|----------------|
| | |
| | |
| | |
| | |
| | |

C. FAMILY HISTORY:

| | Age | State of health (if deceased, cause of death) |
|--------|-----|---|
| Father | | |
| Mother | | |

| Brothers | Sisters | Age | State of health (if deceased, cause of death) |
|----------|---------|-----|---|
| | | | |
| | | | |
| | | | |
| | | | |

| Male | Female | | |
|----------|----------|-----|---|
| Children | Children | Age | State of health (if deceased, cause of death) |
| | | | |
| | | | |
| | | | |
| | | | |

Have any relatives had the following:

| - | <u> </u> | | | |
|---------------------------|----------|----|------------------------|----------|
| | Yes | No | If yes, what relation? | Comments |
| Diabetes | | | | |
| High Blood Pressure | | | | |
| Heart Disease | | | | |
| Kidney Disease | | | | |
| Strokes | | | | |
| Hardening of the arteries | | | | |
| Arthritis or Rheumatism | | | | |
| Goiter | | | | |
| Cancer | | | | |
| Seizures | | | | |

D. REVIEW OF SYSTEMS: Please check yes or no as deemed appropriate regarding the following symptoms. If you are not sure, please leave blank. Leave comments blank.

| NO | YES | GENERAL | COMMENT | |
|----|-----|--------------------------|---------|--|
| | | Weakness | | |
| | | Tiredness: Early morning | | |
| | | Late afternoon | | |
| | | Weight change | | |
| | | Chills | | |
| | | Fever | | |
| | | Night sweats | | |
| | | Difficulty in sleeping | | |

| NO | YES | EYES, EARS, NOSE, THROAT | COMMENT | |
|----|-----|--------------------------|---------|--|
| | | Decreased ability to see | | |
| | | Blurred vision | | |
| | | Pain in the eyes | | |
| | | Difficulty in hearing | | |
| | | Sinus trouble | | |
| | | Hoarseness | | |
| | | Pain in the neck | | |

| NO | YES | RESPIRATORY | COMMENT |
|----|-----|---------------------|---------|
| | | Cough | |
| | | Shortness of breath | |
| | | Pain in the chest | |

| NO | YES | CARDIOVASCULAR | COMMENT |
|----|-----|--|---------|
| | | Chest pain, tightness, or squeezing | |
| | | Shortness of breath when lying down | |
| | | Need to sit up to breathe | |
| | | Heart racing | |
| | | Irregular heart beat (palpitations) | |
| | | Heart murmur | |
| | | Swelling of the legs | |
| | | Varicose veins | |
| | | Leg pain at rest | |
| | | Leg pain with exertion | |
| | | Blue or purple discoloration of hands/feet | |

| NO | YES | BREASTS | COMMENT |
|----|-----|-----------|---------|
| | | Lumps | |
| | | Pain | |
| | | Discharge | |

| NO | YES | GASTROINTESTINAL | COMMENT |
|----|-----|----------------------------|---------|
| | | Nausea | |
| | | Vomiting | |
| | | Diarrhea | |
| | | Constipation | |
| | | Heartburn | |
| | | Abdominal pain | |
| | | Bright red blood in stools | |
| | | Black stools | |
| | | Change in bowel habits | |
| | | Food intolerance | |
| | | Need for antacids | |
| | | Hemorrhoids | |

| NO | YES | URINARY | COMMENT | |
|----|-----|------------------------------|---------|--|
| | | Urinary tract infections | | |
| | | Pain or burning on urination | | |
| | | Frequent urination | | |

| NO | YES | GENITO-REPRODUCTIVE (Male) | COMMENT | |
|----|-----|---------------------------------------|---------|--|
| | | Discharge from penis | | |
| | | Testicular pain | | |
| | | Lumps in testicles or scrotum | | |
| | | Decrease in testicular size | | |
| | | Decreased sexual desire | | |
| | | Decreased ability to achieve erection | | |

| NO | YES | GENITO-REPRODUCTIVE (Female) | COMMENT |
|----|-----|--|---------|
| | | Age of onset of menstrual periods | |
| | | Age which periods stopped (menopause) | |
| | | How far apart are your periods? | |
| | | How many days do they last? | |
| | | Is flow heavy, scanty, or normal? (Circle) | |
| | | Do you ever bleed between periods? | |
| | | Does intercourse cause you undue pain? | |
| | | Do you have decreased sexual desire? | |
| | | Any vaginal bleeding since menopause? | |
| | | Are you bothered by hot flashes? | |
| | | Are you taking any female hormones? | |

| NO | YES | OBSTETRICAL | COMMENT |
|----|-----|------------------------------------|---------|
| | | Pregnancies: Full term deliveries | |
| | | Miscarriages | |
| | | Stillbirths | |
| | | Complications: High blood pressure | |
| | | Toxemia | |
| | | Severe hemorrhage | |
| | | Diabetes | |
| | | Any children over 9 lbs | |
| | | Other (please indicate) | |

| NO | YES | MUSCULOSKELETAL | COMMENT | |
|----|-----|-----------------------------------|---------|--|
| | | Painful joints | | |
| | | Swelling of any joints | | |
| | | Redness of any joints | | |
| | | Stiffness of any joints | | |
| | | Deformities of joints/extremities | | |
| | | Muscle pain | | |
| | | Back pain | | |
| | | Pain down the back of your legs | | |

| NO | YES | ENDOCRINE | COMMENT |
|----|-----|---|---------|
| | | Goiter | |
| | | Heat intolerance | |
| | | Cold intolerance | |
| | | Tremulousness of the hands | |
| | | Change in pitch of voice | |
| | | Increased body hair (face, underarms, pubic) | |
| | | Decreased body hair (face, underarms, pubic) | |
| | | Loss of periods (disregard if normal menopause) | |
| | | Increased thirst | |
| | | Marked increase in appetite | |

| NO | YES | SKIN | COMMENT | |
|----|-----|-------------------------|---------|--|
| | | Dryness of skin | | |
| | | Change in skin color | | |
| | | Falling out of the hair | | |
| | | Skin ulcers | | |